THE SOLAR SYSTEM OF RELATIONSHIPS



"to be" derived from the symbolism of sun shining over horizon on a man: man sees his own shadow and knows that he "is"



All -ships are built... not found: relation-ship, friend-ship, companion-ship, etc...

we base the awareness of our existence on feedback from the outside world. In relationships it is essential "to be seen" and to show others that "they are being seen".

Just like the solar system, the closer and bigger "planets" exert a greater force on ourselves. Identify your own solar system of relationships. Who's orbiting around you and influencing you? Positively or negatively?

ME

Without clarity you cannot know what to look for, you cannot know what relationship to create. Gain clarity first - as detailed as possible!

Being thankful is not the same as expressing thankfulness. Express your thankfulness, as much as possible! Don't hold back, don't save it, don't calculate it.



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The more you give the more you have.

New = better?

We are equally afraid and excited of the new. The key to long-lasting and fulfilling relationships is to keep things "new". Creativity entails creation... a creative relationship is one that keeps changing, growing and doing things that are O

experimental+unexpected!

Relationships are like a fire. A fire needs oxygen to keep burning/existing. Appreciation is the oxygen for relationships.



You cannot give what you do not have. An empty jar cannot give water. If you want to receive love, love yourself, have a good relationship with yourself, be fulfilled yourself.



Joy and happiness is often a relative value based on what we compare our situation with!

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Beware of the comparison trap.



THE PILLAR-PRINCIPLE

Fundamentally all relationships fall into one of these three categories



One-Side dependent



Mutual dependent



Individual independent

The only foundation on which you can build a metaphorical temple, is when both sides are individuals. Make sure you stand independently and find a partner who is too.